



PRIMETUNING
OF Cellular Vibrations®



NEWSLETTER

October 2013

**STRESS RELEASE HEALTH
& WELLBEING: # 37**

"I AM"
The master of my cells.

"I am" The consciousness of my future. I will make the right decisions. I will have the right energy. I will use goodness to achieve the best results. My mind is the power that will create the fulfilment of my dreams. I shall breathe life into it. I will use light and wisdom to train my future. My emotions will support it in a positive way. I shall enjoy every part I play in my future growth and the attainment of my dreams.

ELAINE'S QUOTE THIS MONTH:

Wisdom is pure instinct we can all rely on – gossip is talked only when we live outside our values of wisdom. Trust and our five senses will always take us to our true volumes of self inspirations. Be wise and wisdom will become wiser for you.

A MESSAGE FROM ELAINE

There are so many ways to become aware of our very own powers. Some would live for their dreams to come true. Yet the power of time awaits for us all to work on the foundation on its deeds. There are scenes – shades – and pictures that will prompt us along the way. Energy and ideas will place the dream to come alive. Should we ever fail, remember the cells of our brain will repair and reform and so we can return to the dream and to continue. Don't give up, tomorrow will never go away if we plan to use it wisely.

Next event: Level 4 school
Practitioner Accreditation Certificate
Seagull Lodge, Culburra, NSW
9th, 10th and 11th November 2013
Please contact the office on 02 4455 2227 for
registration and information

"Standing in the Now" Releasing Karmic Law.

Stress Release Sixty seven
Come!

Yes please come!
Take from the stores
of my real gifted dreams
a tender feeling born by my realities
that will take us into your private
essence,
I, who am made from a seed in the
middle of
creation.

Ah yes, the flowers of the field live
to die, it was said.
Forgotten it seemed till spring
formed the buds to bloom
once again.
I would stand alone in the flower
waiting, you see,
being the scent of a valued reminder
of me.

Yet touched by the moment to
reveal myself.
Allow me then to open your soul
and help your own heart to
sing.

Oh! Who is it that speaks as you
listen with care?
My great ideals are for you to share.
Your thoughts and your ideas
your power and trust
your real self –

I am thus.
I am your
innermost
inner
child
you.
Hi!

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