



NEWSLETTER

November 2012

STRESS RELEASE HEALTH & WELLBEING: # 47

I AM the master of my cells.

I trust in my ability to choose properly the new staff I need. Let the people who join my workforce come with good feelings about the space they will occupy in my company.

I have the power to relate firmly and fairly and my staff will be happy to work for me for our joint success. This shall come by my being balanced with life and my own destiny, fulfilling the dreams I have created. All my staff will have a lifestyle of a high standard, furnished with honesty and enjoyment. We will all live the success together.

A MESSAGE FROM ELAINE

We are all walking to the end of this year, 2012. It has been a year of hopes and fears, however the sole rights to have what it takes have been proven. Some lessons are so right, if we see only what has been right. The earth and her life force keeps reproducing, and growth goes on. May we all see a new right to plan, a new importance of selecting what next year means to us. Opening all that can be is to have heart, mind and focus to flow our faith into action. Trust is mind over matter. y faith it is created for us to receive.

ELAINE'S QUOTE THIS MONTH:

Open your mind to bring forth good plans. Know your heart is centred by thoughts telling it the plan. When mind and heart beat the same patterns, the world will deliver and your ideals are produced.

Elaine will be facilitating the Level 3 Class 1st & 2nd December in Ulladulla. Thank you to the very talented students who completed Level 2 school. They will be joining us for Level 3 Class. It will be a wonderful weekend. All previous student welcome.

Who Am I?

The Discovery of Me Page 180 -181

Life is but a space in a crest of knowingness. We believe what we know, until we learn what we should know. My lifetime has taken me into the deepest parts of knowledge. Emotional patterns were cleansed by my faith in the balance, which taught me self-respect. I held onto many ideas until I formed this balance, and by it, discovered who I am. Some of us consider that we are just people inside a world of confusion. But we are those who will change this. The way we think and the way we live is a personal decision. We have our own trade-offs in our mind and body cells. The soul is formed from a cosmic centre that sends our rhythm of inspirational pictures through what is known as the third eye. We are neither good nor evil; we are human forms. Our values in this lifetime must be changed so that we can live with ourselves and acknowledge how we feel. To fear where the soul will end up is to misunderstand where the soul came from before it became human form. If I am to seal what I want to give and own for my soul, I must understand that every cell in me is nothing but an organic form that will pass away once it is worn out, leaving a space to pull in a new centre that will reflect what light can create. To those of us who can build these centres, programmed by the power of the mind, we shall have powerful light energy reflected from these centres abounding in our body cells. It is our right to find the seeds of the cells, opened to mind, that will one day manifest the power of the Creator in a human matter known as body, mind and soul, and made to create health, wealth and wisdom.

CONTACT Email:
elaine@primetuning.com.au
Ph: 02 4455 2227

www.primetuning.com.au