



NEWS LETTER

May 2011

STRESS RELEASE HEALTH & WELLBEING: # 44

"I am"

The master of my cells.

I can manifest my dreams to change the direction in my career. I will discover all I need to know for this change. The information I need I will read and understand without fear of failure.

My feelings will blend with my desires and I will receive the changes in my career gladly.

I am balanced into my new career without any fear.

A MESSAGE FROM ELAINE

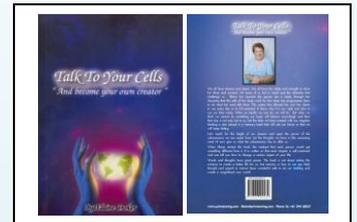
The path of life takes us through many emotions. Our desires sometimes seem to fail. However, the soul and the human spirit are always our valued lessons. It is our exceptionance to trust the path we are on using their skills to protect us from our weaknesses.

Today as I write these words I have lost three of my loved ones in eight months.

Helen, my dearest sister-in-law passed over on Easter Saturday. She died peacefully at sunrise in her natural sleep. She left us a wonderful record of trusting what she decided to do. "I'll do it my way" was her moto. May she fly free with her own spirit and soul.

Sharron has returned from Canada, her faith in the future with Owen is still complete. We offer her our love and support as she walks this journey.

Have a wonderful month, enjoyed by love and faith to be who you ask to be.



"Humanities Role in the Evolution of the Soul" Page 116.

Our reasoning mind is the most important tool we have to fashion our life.

What is in the subconscious mind is of no use if we don't pull information from our genetic heritage from this subconscious and, through reasoning, use it for our growth in this lifetime. There are records in all our cells.

These belong to us alone – they are our personal signature. No one else could or would use them.

We are then given a reasoning mind so that we can make choices and use opportunities that stem from these records.

ELAINES QUOTE THIS MONTH:

Self love creates harmony within the cells – thus sending forth infinite attachments to our world of success.