



NEWS LETTER

JULY 2010

STRESS RELEASE HEALTH & WELLBEING: #7

"I am"

The master of my cells. I love and honour them all. As I focus the importance of my goal to find myself completely happy, I ask the sane side of their memories to balance me.

Allow the forces of my thinking to bond with the higher self that will achieve this balance.

Let each gene within these cells focus with me, so that I can use them to overcome all challenges. Let them not be cursed or judged by me against the past, but touch the inmost reaches of my mind and relate it with "The Now."

Let them love me, and so I shall love them. Each old emotion will be remodelled into "The Now" achieving the happiness we can all share.

ON A PERSONAL NOTE

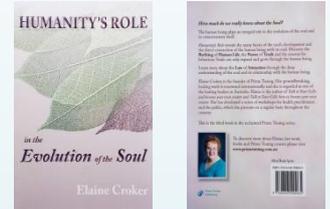
Welcome to my news. Primetuning is now moving into its last stages to complete the balance with many stress releases I have used and had results.

It is time for growth now and that is for others to learn of its skills. I am busy still writing more books to expand the wisdom of this work.

Schools are being created with great results by Sue Larkin. Who put together the teaching manuals. They are very professional and will give the people all the support they require.

I have worked with The Acamany of Light in Sydney to promote this work. In Melbourne I am being promoted by Nardia Wang.

I also have two wonderful girls in my office That will answer all your calls when I am away. Please know if you would like some information it is here for you to collect.



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"Cells multiply only on demand if we kill off cells through sickness or accidents the body will manufacture new ones. These new cells are clones of the originals. However they do not have the knowledge of their health status until our body programs them. If they are placed beside sick cells they too become programme with the data of the faulty cells. This allows the illness to continue. With our reasoning mind we can change the situation. We can tell these new cells to know that they are healthy. Then they will not take on the sickness of others"

ELAINES QUOTE THIS MONTH:

3 minutes of your mind each morning creates daytime success.

Tell Yourself... I AM...ICAN...I WILL CREATE SUCCESS TODAY