



NEWSLETTER

JULY 2012

**STRESS RELEASE HEALTH
& WELLBEING: # 39**

A MESSAGE FROM ELAINE

Our world is not what we hear, read or consider as a threat to us. Many will assume the worst outcome and expect it to hurt or harm their lives.

Let's sit still and know what we think can change even the world news. If we all ask for divine guidance we can channel it into action. Be wise about how you think, talk and believe. Wisdom is an emotion of truth fed by trust and spiritual blessings. Allow it to come to you so it can pass out into a world asking for it to come.

Sue Larkin has accredited our first practitioners. What a wonderful achievement.

We are running our Level 1 class in Ulladulla on the 21st and 22nd of July. Whoever would like to attend please apply to our office.

TALK TO YOUR CELLS

"And become your own Creator"

Chapter 8: The schedules of our lifetime.

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(Channelled from a soul Passed over)

"Love" he told us, "is born by the power of children and parents holding together in every way. A home is made to live in that cannot be affected by change"

This love, Mum and Dad, is not cut when one of us dies or moves on to find happiness.

Your thoughts and feelings are painful at this time, but soon you will heal and feel us near you in your hearts and minds.

Be happy and know that our souls are healed and well.

Yes, we left before our allotted time, maybe before we'd chosen to leave. We shall always remember the way we were when we were with you all. We shall always stay by you as this world changes and if by chance we do leave for some reason, we will give you a sign. Loving you then is for always.

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The simple truth is that we are at this moment Past, Present and Future. We can return to many places where we have memories and when we do, our mind will resurrect all the emotions that created our reality. From that point we can step out into a chosen future with all the cells involved in the essence of the soul that never dies.

"I am" the master of my cells.
I create my own wishes. I wish for myself. Let me now build the energy around me so that I can believe in myself. I have the abundance to purchase this wish. I shall meet the right people and gather around me all the encouragement to strive for that wish.
I shall work to make the wish come true

ELAINES QUOTE THIS MONTH:

Calm thoughts are balanced Faith Trust and Good Ideas. The action of the results will reward you and those you love.

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