



# NEWS LETTER

September 2011

## STRESS RELEASE HEALTH & WELLBEING: # 8

"I am"

the master of these cells.

I bring them into communication with the inner child and my dreams. The inner child in me will grow and mature with me. I am the creator of all its energies.

I am aware of past generations still living in me, but I will not allow them to curse this lifetime and my inner child.

I will protect and love my inner child always. This gives me the power to move on and not look backwards.

Let the negative emotions of my ancestral genes that cling to me be changed without harming the gene's integrity. The past is not offended, but remodelled into the now.

I and my inner child love them and their life force because they are my very own flesh and blood.

## A MESSAGE FROM ELAINE

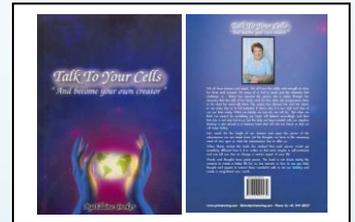
Primetuning is advancing to wonderful heights.

We are now teaching teachers the skills to teach. Sue is starting a program for teachers on the 24<sup>th</sup> of September. If anyone would like to do this, please let us know by contacting the office on 4455 2227 or Sue Larkin on 9743 4017.

The books are going out nicely and the response at each book launch has been excellent. You can purchase the new book through this office by email or phone order.

Sharron's daughters have returned home from Canada. We wish them well as they settle in here to achieve their dreams.

We will be running a level one class here in Ulladulla on the 8<sup>th</sup> and 9<sup>th</sup> of October. If anyone would like to enquire, please contact us at the office on 4455 2227 or Cath 4455 1949 or Sharron 4455 3872.



## "Humanities Role in the Evolution of the Soul" Chapter 2.

Over the years, the power of power has not been used. The laws of the land did not serve us with truth. Religion did not give us truth. Money was stolen by untruths through the fallacy of a contrived market. Energy does not hold truth as the be all and end all. If we were to look through the hourglass of time, we would find that the prophets of old created and opened spiritual visions that would destroy the earth.

We don't always understand the value of this wonderful planet. I watch my grandchildren and know the places they will walk will be way beyond where I wander though in my lifetime. I see the power of their minds as they use tools we did not even consider could exist. "I can be whoever I want to be".

## ELAINES QUOTE THIS MONTH:

**Timeless space is a gift by the laws of attraction – one moment takes one breath to collect it. If we add all the breaths we breathe and use our time right, we have a timeless adventure to fill up our lives with this gift of time.**