





## **NEWSLETTER**

January 2016

#### STRESS RELEASE HEALTH

**& WELLBEING: # 16** 



"I am" the reality of a new career.

The secrets of my breast are laid bare. I can now work with an inner desire that's part of my natural skills, given to me from my higher self.

I ask for my genes to recognise this right, and to form a balance on my behalf. I love this power to increase my telepathic signals that would connect with someone looking for me at that level of thinking.

Allow all my body to then portray the features of my skills through my posture, smile, speech and dress sense.

I shall then find what I desire. I shall be discovered by the people who will help me build my new career.

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#### **ELAINE'S QUOTE THIS MONTH:**

There is a licence for you. This is a matrix of your desires becoming real. It is linked to you through the powers of many dreams. Be aware that all you ask for will change who you are. So wisdom must be used. Love who you are to know whatever you do must be part of you.

Money – Time and energy flows once you bless it by the way you treasure its flow

#### A MESSAGE FROM ELAINE

What a wonderful time to sit and consider the year ahead. Past lessons we have walked through and sorted through, so we do not carry negative emotions. The law of attraction we master by our thinking judgements. Whatever we believe is invited by us to jinks or bless the space we are in. Year by year we walk – play and work. Allow this year to reap a wonderful harvest for you all.

### PRIMETUNING CALENDAR

for 2016 at the present time:

Level 1: 6<sup>th</sup> & 7<sup>th</sup> February – Ulladulla Happiness Workshop: 5<sup>th</sup> March Level 1: 17<sup>th</sup> & 18<sup>th</sup> March – Ulladulla Level 2: 19<sup>th</sup> & 20<sup>th</sup> March – Ulladulla Business Workshop: 14<sup>th</sup> Mayz

Classes are dependent on numbers.
For further information contact the office on **02 4455 2227 or Cath 0431 109 300 and Sharron 0407 287 005** 

# Humanities Role in the Evolution of the Soul

Page 99: We become wise when we realize we are our own judge. Whatever happens to us, we allowed. The floor plan for our life comes with options. We choose which options we want by chance or clear choice. We cannot undo our past actions and apologizing only makes us a victim. Reconciliation only creates karma and keeps the problem alive. We must overcome our weaknesses by understanding the lessons of the past and discovering what is right and wrong for us, then living that way in the future.

Page 145: Where does life come from? Was it breathed into us from God himself? Some would say so.

- Everyone can own it for as long as they sustain it.
- Everyone can use it to discover their powers.
- Everyone can work by it until death closes the body down.

Life is forever and the ending is not final. Whatever was, is particles of now. What is now will be particles of tomorrow.

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