













# **NEWSLETTER**

December 2013

### **ELAINE'S QUOTE THIS MONTH:**

Ideas will wander through our mind until we make our ideals out of them. If we fail to hold them as ours to build, they will wander off to find a mind that will. Take care to seal the deal for you to own, and do what it takes, for it to be really yours.

#### A MESSAGE FROM ELAINE

So many things to think about as we all move towards Christmas, this is the time of the year for family and friends. The year 2013 has been a very busy and rewarding year PrimeTuning has matured. All pupils are welcomed to grow in a very secure place, thank you Cath and Sharron. May we all see PrimeTuning grow in all areas. Deep in its soul was a moment in time to reveal the power of our Human Spirit to identify us as a carrier. By words was the deeds handed to us the gift of healing.

**Merry Christmas and Happy New Year** 



the colleague who learns from the fountain of life.

I love and honour the role I have embarked upon. My human senses are now engaged with the universal forces that will channel through me to teach me my lifestyle.

The values I now hold are planned into my thought patterns. As I think, I believe it shall happen. As I stand still to programme this concept into my human cells, I let my mind hold my plan completed with me standing adorned with its gifts already received.

I shall enjoy every step that I now take to make it come true through me.

## "Standing in the Now" Releasing Karmic Law.

# 81

Somewhere the sun is shining on my dreams. Somewhere I am living all that they mean. Somewhere in my heart I love this place enough to fill up my mind with plans and make the dream for myself. Oh to sit in the moment and ask for the amazing essence of me to work by the grace of faith, to believe and to will all that I am to live in this wonderful space. Allow me to hold in my mind a reminder of it. Bring forth every day the wish to fulfil it. And I will take responsibility to hold my space as a worthy one. It will not come to me by luck or fate. It will not be given to me as a gift. I will gather together this dream that is somewhere waiting for me. If I curse who I am or what I can do I will lose. But if I love who I am and understand what I can do this goal is mine to achieve. Then there's somewhere I'll have for myself with sunny days to spend

#### The Office of PrimeTuning

will be closed from the 22<sup>nd</sup> of December 2013 until the end of January.

in this dream of mine

that's come

true.

Anyone wishing to enrol for Level 1, 2, 3 or 4 please send an email and we will contact you personally with the proposed dates in the New Year. Congratulations to the practitioner students who completed the workshop component for Level 4 Accreditation course. Thank you to Susan at Seagull Lodge Culburra for amazing weekend accommodation.

Merry Christmas and Happy New Year to all friends and family

Elaine Bruce Cath and Sharron

#### **BOOK EXCERPT**

#### "Who Am I" the Discovery of Me

Chapter 8 page 77 & 78

We got up on Monday to a nice breakfast and sat down to hear what he had to say. He turned to me and said "You will sit-in these classes Elaine, as my guest, for I know who you are and what you can do. I haven't seen such love in any other person I've met." "I haven't been to school," I answered. Brian said it didn't matter, that he saw the correct energy in me for the work. All morning I sat in a daze. How would I ever learn to use these big words? Brian had based his learning on Touch for Health which is based on the traditional Chinese medicine belief in channels of energy that relate to organs. He taught us about muscles that correspond with organs, these muscles having long and hard names to pronounce. He read us a book and my head was spinning. It seemed so easy for him. I watched the others. They had been to school and could take notes, but I couldn't. My fear rose up until I burst into tears. I never cried in company. Even when I was told Gwenda had less than two years to live I didn't cry. Brian came over and knelt beside me. He took my hand and told me to let all this fear go. "You will never learn if you fear. Allow us to work this out together and you will be a better healer than me, I'm sure."

Each day blended with the last. We balanced each other as if we were clients. We sang songs using the muscle names. We drank from the spring of life, the living water blessed by the spoken words we could now claim. On the Wednesday night Brian suggested we have our own little church service. This we did, totally unaware that we would be told by the elders that what we were learning was wrong and would never be part of the church.

We received our certificates and came home with so much in our hearts, willing to create in Ulladulla a place for healing. I was now convinced that we could learn everything that would be needed to heal all sickness.

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