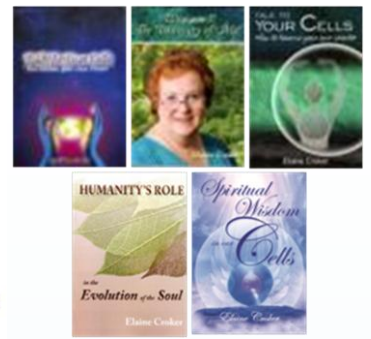




PRIMETUNING
OF Cellular Vibrations®



NEWSLETTER

March 2013

**STRESS RELEASE HEALTH
& WELLBEING: # 75**

**"I AM"
the master of my cells.**

I live in a coloured frame that surrounds the pattern of my career. Every day I shall work with the colours that will bring me creative success.

I ask for my aura to protect me from all negative spirits. Let those that I work with have the same colour formulas as me so that our work will flourish.

These colours will form the magic performances I desire and it is my right to bring together everyone involved.

Together we will find that all is achieved correctly.

**ELAINE'S QUOTE THIS
MONTH:**

Open your trust and make plans. The world around you will respond. The manner of being in state will build the plan, your trust will gather the materials and the plan will meet your approval.

A MESSAGE FROM ELAINE

The clarity in one moment can bring together all our real desires. We can work for years doing what seems important, yet one day what we desired is right there. Over the years of my work, I am now so happy. What I have to give to my clients, pupils and books is so rewarding. These are some of my pupils testimonies from my school (see page 2). My heart rejoices, my mind is free and my trust that Primetuning is honoured. Gratitude, Oh what a wonderful feeling. May everyone know it is my reality to Primetuning; Life is Perfect.

**"Talk to Your Cells"
and become your own creator.**

Page 39: The idea must be owned if it is not to be polluted and weakened or stolen, and this is how it can be done. The power of your thoughts must be sensed and realised before your brain can donate the flow of energy through to your frontal brain. Both sides of the brain are placed across from each other where thoughts can cross over to produce this effect. On one side you have practicability, and on the other you have appreciation to sense the thoughts. The five senses are made legal by the two sides touching and forming the thoughts into plasma of communicational fluids. You will play with many thoughts that will never get past the themes of the left or right brain unless we use our frontal brain neurons to materialise your wished for reality. Brain niacin is created to achieve this and many cells use this substance. Once the frontal brain has taken the action, by using telepathic formulas it can trade and make the two connections. In the base of the skull is a place where the body fluids are taken and translated into a code of brain properties formed from transparent silicon. These codes are then transported throughout the matrix of your life force, making you then part of everything coming forth out of the earth and will turn your thoughts into substance. You will be prompted what to learn, what to do, and will gather together all that is necessary to achieve your goals, including money and time.

Page 85: The moment we decide what we must do, our actions are guided by our emotions. As the moon moves through our horoscope we drink in the colours of the atoms she absorbed from the sun. They are now ours to use. We turn them into creative skills used by every one of our cells. When the cells have fired and die, they are reabsorbed into the earth. Here they are still in effect of the moon's cycles.

Next events:

- Mudgee luncheon workshop 20th March 12.30pm
- Level 1 school Ulladulla 6th & 7th April 2013

CONTACT email:
elaine@primetuning.com.au
Ph: 02 4455 2227
www.primetuning.com.au

Castlemaine Level 1 School 23rd & 24th February 2013

Thank you to all Castlemaine Students for such an amazing workshop experience.

Elaine Cath and Sharron



Just some testimonials from our Level 1 in Castlemaine

Other testimonials can be found on the website

I am speechless. After doing so many degrees in Health Science, courses workshops etc, I have had it all come together with Primetuning.

All the clutter has lifted and what was left is a pure simple beautiful process that gets to the core of all issues and shifts your perception to a new level of awareness where you have no fears, negative beliefs or self sabotage but only pure Love grace joy etc. pure happiness and a knowing that all is balanced in all levels of existence.

Thank you Elaine you will forever be in my heart. Kind Regards

Dr D C (Dr Tcm Acu) Level 1 Castlemaine School 2013

General Impressions: I love Elaine's anecdotes /stories of experiences with Primetuning and its development and implementation. I loved the flexibility and fluidity of the course or rather its structure- it felt as though all necessary points were covered but in a fluid and organised way- Like the group subconsciously chose how it would unfold catering to everyone's needs.

I personally need to go away and practice the muscle testing and also revisit and digest the manual and its contents.

Testimonial: I trust Primetuning on an intuitive level, I found that the resonances of the stress releases were profoundly pertinent and an affirmation of what I feel as my path. Primetuning to me stills all the "outside voices" and affirms my inner voice.

I am very excited about implementing Primetuning into my life.

MT – Level 1 Castlemaine School 2013