



# NEWSLETTER

## July 2015

**TALK TO YOUR CELLS AND BECOME YOUR OWN CREATOR: # 62**

### A MESSAGE FROM ELAINE

We live in a busy lifestyle yet the mind can reclaim spaces for us to plan. The energy we live on comes through us once we have involved our cells. But we must never allow time to be wasted. Every moment has a beginning to an ending of our actions. The twenty eight day cycle of our timekeeper the moon will bless us with what the aboriginals knew as dreamtime. Moon beams - was it the most powerful timekeeper - as the hands of our clocks? Yes, telling our cells what time tomorrow things will be achievable. A restful nights sleep builds the wellbeing of tomorrows dreams.

**Talk To Your Cells and become your own creator**  
Pages 19, 91 & 92

We all fail from time to time. We drop from our dreams. Ninety-two percent of everyone's thinking capability is stolen or lost in the first few weeks after we have conceived a plan. Why is this? And would we do this to ourselves? Unfortunately, yes. So how can we overcome the negative power of our subconscious? When we learn how the moon controls us we can plan to use these days with her building the emotions we need and wish to work with.

"I am" the master of my cells.

I must value my time on this earth. I can add to my life's experiences by discovering what the earth has for me.

Let each cell that came with me now own this moment. Let me be still in it, and understand my power to create the whole of existence in this one still moment of time.

I now know and understand why I am here in this human form.

My task is to reveal the mind of the Creator, through understanding my own mind.

### ELAINE'S QUOTE THIS MONTH:

Silent moments is a stillness of our mind.  
Our cells wait for a plan.  
Worries – pain and fears that are stilled allow the power of our plans to enter our cells.  
We become one in mind – body and soul with the human spirit involved with our dreams to bring them to fruition.

- We can cleanse our souls by taking the stress from our minds by balancing the cells to let go and replenish their atomic life force with new moon cycles.
- We can open a new moon cycle by eating the right food the season has balanced to grow for us to enjoy.
- We can free our soul from the dregs of the last cycle by entering the memory bank and reprogramming our brain to cleanse all the problems we had encountered, tried to overcome and failed.

### PRIME TUNING CALENDAR

for 2015 at the present time:

- 23<sup>rd</sup> & 24<sup>th</sup> July – Level 1
- 25<sup>th</sup> & 26<sup>th</sup> July – Level 2
- 15<sup>th</sup> & 16<sup>th</sup> August – Levels 3 & 4 practice weekend
- 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> September – Level 3
- 31<sup>st</sup> Oct, 1<sup>st</sup> & 2<sup>nd</sup> November – Level 4

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For further information contact the office on 02 4455 2227 or Cath 0431 109 300 and Sharron 0407 287 005

This wonderful part of our creative world is our greatest emotional caretaker. We can use it to balance our living cells, which will respond to a spoken stress release.

I have proved this power over and over again. Simply love who you are and the moon will love you, and work with it and your soul will be happy with the way your glands work. The moon is a personal link between us and the creative matrix that allows us to dream and set goals for a better and more peaceful future.

**CONTACT Email:**  
[elaine@primetuning.com.au](mailto:elaine@primetuning.com.au)  
Ph: 02 4455 2227

[www.primetuning.com.au](http://www.primetuning.com.au)