



PRIME TUNING
OF Cellular Vibrations®



NEWSLETTER

August 2014

STRESS RELEASE
Standing In The Now
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We learn our mind games through the power of that mind and each day we make the same mistakes. Yet deep down inside us is a small valued seed that shows us through our dreams at night what we long to be. So as I sleep, I dream the real me. Down in the depths of my reality, where sadness comes I fret for what might have been and my soul weeps that another's dreams have been fulfilled instead of mine. My loss, their gain haunts me. My dreams can only be fulfilled if I own who I am and work for myself, building the dream with everything I am. Yes, dreams are a pastime of fallen wishes until I will the wish to enter my personal feelings and bond with productive action. It then becomes matter, turning thought into personal plans that I can work through. All things are possible by faith and trust through and by me alone and that person is simply me. Hi!

ELAINE'S QUOTE THIS MONTH:

In the heart we feel – in the mind we seek. In the cells we sit to do whatever these two wonders ask of us. Ask, feel and do is simply a balanced agreement between timing and creating.

A MESSAGE FROM ELAINE

Days come and go, it was said, through the hour glass. Time never returns yet never runs out. We live in a wonder of powers by knowing time is precious. Within time we can do and live to do. Our dreams are pictures in space until we pull them into our timeline. It comes to us and from then on is within us, in utero, ready to be developed and presented to the world. Celebrations will lift the spirit of endeavour and this becomes the gift of the mind, so good thoughts will form good things.

Spiritual Wisdom in our Cells

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Whatever it is, we are given space in our future to adapt to whatever comes. One day we will be given the answers to all our questions. This world has all that ever was and will create whatever is and will be. It will carry all of us into a time when we will learn to create a new heaven and earth as the wonderful crystal clarity of purity in full bloom. Our love, our ideas, our purities are renewed until perfection becomes "the city of ideals."

PRIMETUNING CALENDAR

for 2014 at the present time:

- 13th & 14th September – Level 1 school
- 1st & 2nd November- Level 3 & 4, Workshop
- 7th November – Talk- Breathe Australia Conference - Bowral
- 15th, 16th & 17th November – Level 4

Classes are dependent on numbers.

For further information contact the office on 02 4455 2227 or Cath 0431 109 300 and Sharron 0407 287 005

Attention:

Level 1 School

We are now taking enrolments for our next level 1 school in Ulladulla on the 13th & 14th of September. If you know anyone who would like to attend, please give them our contact details.

The office on 02 4455 2227 or Cath 0431 109 300 Sharron 0407 287 005

CONTACT email:
elaine@primetuning.com.au
Ph: 02 4455 2227

www.primetuning.com.au